

EPHESIANS // CH. 1:1-14

WATCH PARTY GUIDE



SERMON DISCUSSION

Questions

The language of Ephesians 1:1-14 is familial. We are God's people, chosen, and "adopted to sonship through Christ" (v5). As we consider being part of God's family, think of three words you would use to describe your own family of origin. What words did you pick and why?

- Ephesians 1:9-10 says that God's will is "to bring unity to all things in heaven and on earth under Christ." How does Christ unify us?
- How can the church model unity during this unique season? What are practical ways believers can choose unity instead of disunity?
- How do you hope to grow or change as a result of our study in Ephesians?

One of our House Rules at Grace is Genuine Family: Grace frees us from performance and lets us live unafraid. On a scale of 1-10, how comfortable do you feel letting others into your life because you're free from the pressure to perform?

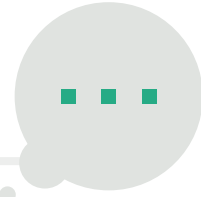
ASK YOUR STUDENT:

What does it mean to have something lavished on you? How does it make you feel knowing that God has lavished grace on His children?

The church is part of God's plan to bring unity. Where does our culture need to see the unity of the church right now, and what is a step our family can take to pursue that unity?

In vs. 11, it says that God "works out everything in conformity with the purpose of His will." How can it encourage you right now knowing that God is in complete control?

Dig Deeper



Christ is central. Ephesians 1:9-10 says that God's plan has always been to "bring everything together in Christ." Dig a little deeper by reading Colossians 1, and memorizing verse 17: "He is before all things, and in Him all things hold together."

This week, meditate on the reality that Jesus holds your life together—spiritually, physically, emotionally, financially...in all ways. He is sovereign and He is central. Seek to recognize His divine presence in the everyday moments.

"O Heavenly Father, teach me to see that if Christ has pacified Thee and satisfied divine justice, He can also deliver me from my sins; that Christ does not desire me, now justified, to live in self-confidence in my own strength, but gives me the law of the Spirit of life to enable me to obey Thee.

Thou hast taught me that faith is nothing else than receiving Thy kindness; that it is an adherence to Christ, a resting on Him, love clinging to Him as a branch to the tree, to seek life and vigor from Him."

PURITAN PRAYERS FROM THE VALLEY OF VISION.

Family Activity

Grab a blank piece of paper or index card, and tape a cross on it with painter's or masking tape. Use markers or crayons to color over the entire paper, then remove the tape to reveal the cross. Sometimes we can't see God, and it's hard to remember what's true. But He's always there, and those are the times when God's promises shine through!

Car Cues FOR KIDS

What do you love about our family? Did you know that God wants you to be part of His family, too? One of the reasons Jesus died was so that you could be adopted into God's family.

“*And before the world was made, God decided to make us His own children through Jesus Christ. That was what He wanted and what pleased Him.*

EPHESIANS 1:5
International Children's Version

CHECK IT OUT

Head over to discovergrace.com/family for more family tools and tips.